Put food scraps in a worm bin or compost pile!

Items for worm bin or compost:

- Worms like:
  - Coffee grinds (& filters!)
  - Food scraps from kitchen (Fruit/Veggies)
  - Shredded Paper
  - Coconut Coir
  - Leaves
  - Crushed Egg Shells

- Fruit & Veggies (Limited grains/bread)

Worm’s don’t like:

- Citrus Peels
- Onions
- Garlic
- Pine Needles
- Meat & Dairy Products
- Salad Dressing